

Robert Burridge Workshop

Loosen Up with Aquamedia Painting It's Like 4 Years of Art School!

Burridge's popular "Loosen Up" workshops nurture individual success and personal enrichment with a big emphasis on daily painting projects at your own pace. It is stress-free, but be warned; you could end up with too much enthusiasm for painting. This Burridge flagship workshop offers a variety of painting subjects for everyone. Designed for the professional painter who is stuck in a style as well as for the novice who wants to conquer their fear of painting. Starting each day with multiple, small "warm-up painting exercises" and up to larger-format paintings, Burridge's positive approach towards the act of painting will inspire you to loosen up, have fun again and paint more! Expect an intense, concentrated and lively workshop where you will create many works of art using spontaneity for maximum effect. This workshop has become a must for artists who want the confidence and permission to paint the way they have always wanted to paint. Students will take home preprinted notes of useful and need-to-know information. Burridge's newest color combination technique is also demonstrated. A positive attitude is a must!

Suggested Materials List - This is only a suggested materials list. Do not feel obligated to purchase everything on this list. Bring what you think you will need and use.

1) Paints: Any professional-grade acrylic paint (no cheap, student grade paints). Your choice of colors.

Burridge will be painting with Holbein Artist Acrylic paint - colors to match his Goof-Proof Color Wheel, plus black and white.

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| •Pyrrole Red Light | •Marigold | Optional: Transparent |
| •Hansa Yellow | •Middle Green | Holbein Acrylic Fluid Paint |
| •Cad Green Deep | •Compose Blue #1 | •Marigold |
| •Ultramarine Deep | •Compose Blue #2 | •Quin Magenta |
| •Amethyst | •Primary Magenta | •Cobalt Blue |
| •Opera | •Carbon Black | •Quin Red |
| | •Titanium White | |

Holbein paints available at Vermont Art Supply. (800) 790-2552 or www.VermontArtSupply.com Ask for John Bates. (He knows Bob's 10 favorite colors, plus the Hot Pink Opera - also black and Titanium White.)

Note: "Color Comparison Chart" for other professional paint brands available on his website - www.RobertBurridge.com

2) Brushes: Acrylic/Blend combos, 1" Flat or Round. Several 2" and 3" brushes. NO FOAM BRUSHES OR TINY BRUSHES. Also bring a 2" soft brush for varnishing.

3) For cleaning brushes: Murphys Oil Soap, "Original Formula." (grocery & hardware stores)

4) Surfaces: Per day you may need up to 2 Full Sheets (22"x30") of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat - do not roll up. I recommend Fabriano Artistico or Cheap Joe's Kilimanjaro Watercolor Paper, 140 lb. or 300 lb. CP.

IMPORTANT: For First Day Preparation - Bring 12 pre-gessoed 10x10 inch 300# Watercolor Paper sheets. Bring your gel medium and at least 2-3 large sheets of black (or dark) tissue paper.

Optional: Also, small pre-gessoed canvases - as many per day as you want. (should fit on your painting table)

5) One pint of thick white professional acrylic gesso. Used as both gesso and white paint. Bob uses Utrecht's Professional Gesso ---it's thicker and the most Titanium than most. Available from Utrecht online.

6) Glue for Collage Work: Polymer Gel Medium - gloss. Bob uses Nova Color Gel Medium #207. Also bring a 2" cheap brush for spreading the gel medium.

7) Final Coat: Brush-on water-based POLYMER VARNISH with UVLS for "sealing" all paintings... gloss, semi gloss or matte. Bob uses Minwax Polycrylic Water Based from hardware store.

8) Small water container - such as a low, half gallon plastic bucket or a low 10x10 inch tupperware-type container. (They don't fall over)

9) Table covering - Clear 4ml plastic sheet, (Hardware Store) precut to 4 ft x 8 ft. Tape down with strong tape. (such as packing box tape - no blue or green painters' tape.)

10) Roll of VIVA towels or similar.

11) Optional: Robert Burridge's Goof Proof Color Wheel. (For sale at most Burridge Workshops.)

12) Rubbing alcohol 70%-90%. (drug store)

13) Artist's Sketchbook, smooth or Hot Press, spiral bound for easier note taking and smooth sketching.

Optional:

- Hand Barrier cream or Nitrile gloves.
- Derwent Water Soluble Drawing Pencil, very dark
- Derwent Inktense Color Pencils or Inktense Blocks
- Holbein Acrylic Inks

•Please, for everyone's sake - No hair dryers, large easels or cell phones (turn ringer to mute).
Thank you, Bob

updated 2/19