

## **HELGA FLOWER WATERCOLOR WORKSHOPS**

### **SUPPLY LIST**

Please bring your art material to class that you usually work with. We will discuss a wide variety of art supplies and what is best suited for your needs and style. I encourage less quantity and more quality during my daily demonstrations, critique, and individual help. Items that I use are as follows: (Don't worry if you don't have all of these items).

**PAPER:** Arches, or Fabriano Artístico, 140 lb or 300 lb, cold press or rough, at least one sheet per day.

**BRUSHES:** 2" Robert Simmons Skyflo flat, #36 and #14 Robert Simmons Goliath round, #10 and 6 round sabeline, one script or liner brush, 1" flat medium quality.

**PAINTS:** We all have boxes full of paints, bring them to experiment with, however, our essentials are Winsor Newton, Daniel Smith, QoR, or other professional quality grade paints. My preferences are: Winsor Yellow, New Gamboge, Quinacridone gold, Quinacridone Burnt Orange, Quinacridone Red and Rose, Permanent Magenta, Ultramarine Blue, Cobalt Blue, Winsor Blue, Veridian Green, Winsor Green, Phthalo Yellow Green, Phthalo Turquoise, Magnese Blue Hue.

**OTHER ITEMS:** One cheap watercolor pad which doubles as a note book, sketch pad and practice pad. Soft pencil and eraser. Watercolor Pencils, Liquid friskit (my favorite is Pebeo drawing gum). Small bar of soap. White Gesso. Black Gesso. Black Sharpie Pen. Jar or bottle of Matte Medium. Small palette knife. Small pair of scissors. Plastic spray bottle. ¼" plywood board or gator board for stapling, clamping, or taping the paper down. Masking tape. Old toothbrush. Plastic container for water. Palette or white dinner plate. Box of Kleenex and paper towels. Sketches or photos of your favorite subject matter. Outdated credit card for scraping.

I will be working under an overhead mirror so you can be comfortably seated as you watch my demonstrations. Please bring one or two pieces of your unframed works (unless you are a new beginner) so I can evaluate your strength and level. My classes are designed for the beginner to the advanced and professional. Each day will be a new experience with new subject matters and creative ideas. Regardless of how many years you have studied with me, you will get new and innovative ideas, since I never teach the same thing twice!