

# David Lobenberg's CA VIBE WATERCOLOR PORTRAITURE with Stencil Embellishment Materials List

**Paint:** Professional grade tube watercolor paint only such as Sennelier (I love their l'Aquarelle watercolor paint), Daniel Smith (another favorite of mine), Schminke, Holbein, Winsor Newton, etc.

## **Colors:**

- Opera
- Alizarin Crimson (or close to this color)
- Cadmium Yellow (or close to this color)
- Cobalt Blue
- Phthalo Blue (green shade)

## **Brushes:**

- **A #16 or #20 large round watercolor brush.** I suggest a combination natural and synthetic hair. Don't go too cheap.
- A smaller **#6 or #8 round watercolor brush.**
- **A half-inch watercolor flat brush**
- **A soft graphite drawing pencil** (can simply be a soft Ticonderoga office pencil)

## **Paper**

- **140lb. Fabriano Artístico extra white, cold press watercolor paper** (by far my favorite to paint on!) or any other professional grade watercolor papers (like Arches extra white).
- I suggest in this course that you paint on 11 by 15-inch quarter-sheets.

## **Palette:**

- A good size **rectangular plastic palette** with paint wells around the outside and a good size mixing area in the inside. The palette should measure about 10x16". There are various manufactures of these palettes, but they are all around this size and configuration.

## **Additional materials:**

- Half to one-inch-wide **3M blue painter's tape** or any other masking tape that can keep out water but will not harm the watercolor paper when pulled off.
- A roll or two of **absorbent kitchen paper towels**, and a flat kitchen sponge to help take off excess water on your brushes.
- A box of **HDX Original Easy Erasers** (order online or I know Home Depot carries them) or a box of **Mr. Clean Original Erasers** (order online, and you can find them in the cleaning section of most supermarkets).
- One or two rectangular **kitchen sponges** (it's OK if one side is for scrubbing)

- A set of about eight or more **liquid chalk marker pens** with white and bright colors like pink, orange, and yellow. You'll want the ones with the rounded tips. There are a lot of different brands on the market, but aside from bright, metallic, and natural colors, they are all about the same. My fav. Brand that is Arteza chalk markers. If you cannot procure any chalk markers before the workshop, do not sweat it. There is an alternative with watercolor paint.
- **Two stencils.** If you want to use the same stencils that I use in my demonstration videos, they both are from <https://www.stencilgirl.com>. The first stencil is called "**Grand Wisteria**," and the second one is called "**Soulful Scribbles**." You can also buy some cool stencils from another company called Joggles at <https://www.joggles.com>. I would suggest one titled "Klimt Memory" and the other titled "Ribbon Candy". If you already have some stencils, they may work. If you can't procure them in time for the workshop, don't worry, as I have alternative embellishing techniques.
- Something to hold about a **quart of water**. If you want to go fancy pants, I'd suggest the Mijello-brand water buckets: the ones that hold about a liter of water.

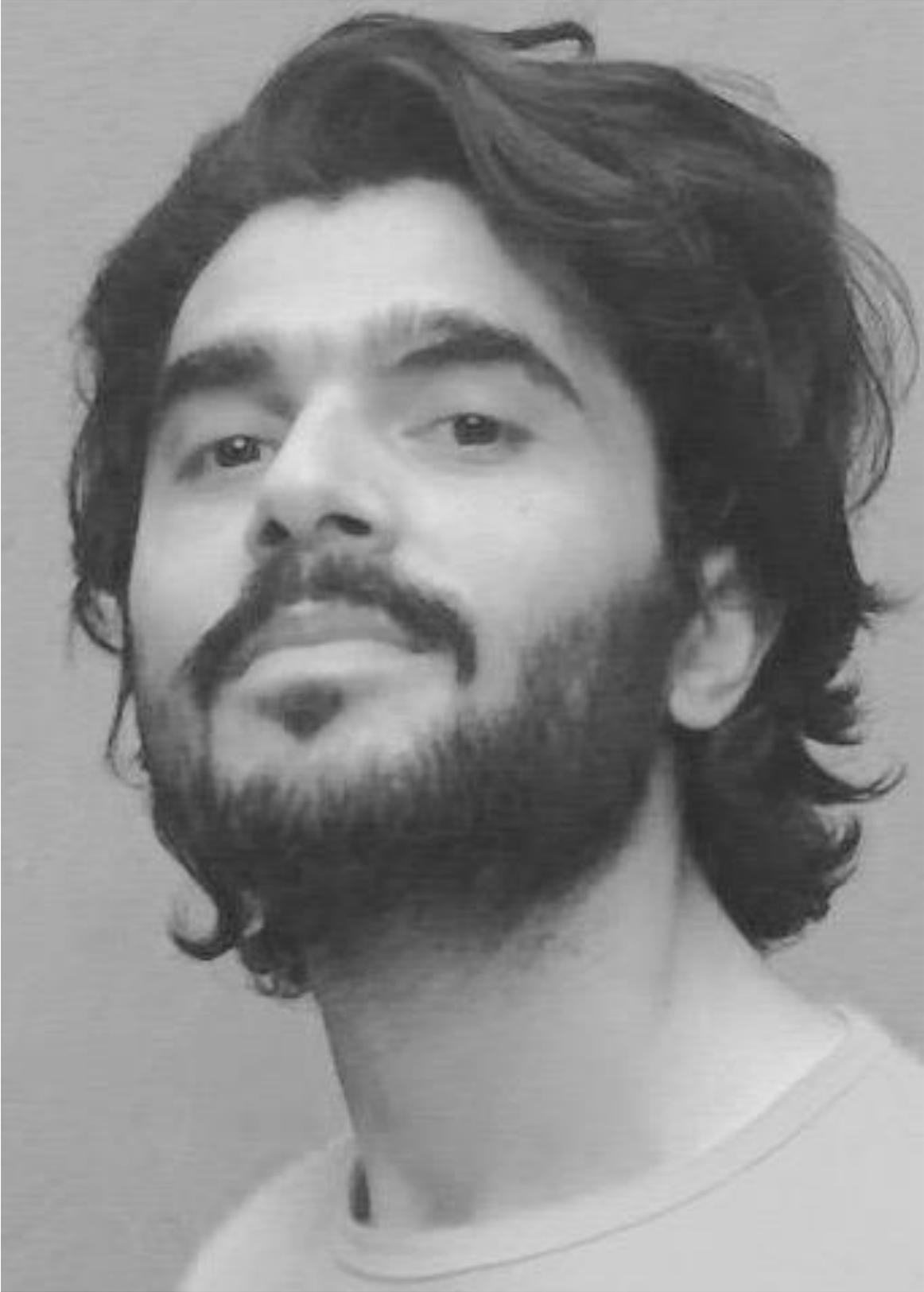
**Stage 1: Print each outline drawing** (that you will eventually need to trace onto watercolor paper in Stage 3) onto letterhead-size sheets of paper on your home printer. At this stage, you need not worry about the final painting size.

**Stage 2: Enlarge** on a plain paper copier each outline drawing so that individually they fit snugly on 11 inch by 15-inch quarter-sheets of 140lb. professional grade (I like Fabriano Artistico watercolor paper) cold press watercolor paper. You can go to a copier service to do this or there are even online enlargement services. If you have a digital projector or app, that may be a way to go, whereby the enlarged drawing can be projected for tracing directly onto your watercolor paper.

**Stage 3:** You can now take each outlined enlargement and **trace them onto quarter-sheets** of 140lb., cold press watercolor paper. You can use a light table (i.e. an inexpensive, light weight, and LED light table, if you don't already have one) or simply use a window during daylight hours. During the tracing procedure, apply medium pressure on your pencil (simply use a soft office pencil) so that the resulting tracing is not too light. Any dashed lines that you see on my provided outline drawings are there to indicate areas that need to be blended during the painting process.

**Stage 4:** Each outline drawing has a corresponding reference photo. **Print the reference photos** on your home printer. You will need to look at them as you paint. These photos are in black and white, because we will be painting in expressive colors and not natural colors. Below is an example of how your outline tracings should fit snugly onto the quarter-sheets of watercolor paper.











This is a two-day workshop, and the second day will mostly be devoted *to your own personal subject!* With your smart phone, please take a dramatic, expressive photo of yourself or anyone of your choosing. Position your subject in an environment with dramatic lighting across the face. A sunny day works or if inside, a single light source works. A room with little or no light except for a single source light, works the best. Here are some inspirational photos:



You can work from color photographs, but since I will be teaching you my Mess Around style, You can convert them to black and white.



After you have made a print of your photo on your home printer, place some see-through tracing paper on top and outline the photo subject with a pencil or fine tip black art pen. Do not get super detailed with your tracing, The tracing should look similar to the two that I have provided here for the first day of the workshop.

Next, enlarge the tracing to your painting size on a plain paper copy machine.

Next, use a light table (or window during daylight hours) with the enlargement securely taped on it.

Next, position and tape your 140lb cold press watercolor paper on top. Then trace your subject using a Ticonderoga soft office pencil. Apply a little extra pressure on your pencil so that the tracing is not too light. The tracing will be part and parcel of the final painting.

You can also utilize a digital projector for enlarging and tracing purposes.

You will end up with your traced painting subject ready to mess around and complete on the second day!