

Joan Lok

Sumi-e Workshop on Morning Glory and Koi

Supply List

NOTE FROM JOAN:

Like professional watercolor brushes, professional sumi-e painting brushes can be pricey. I spoke to the supplier of a Sumi-e Painting Start Kit, he will offer it at 50% off. The link is below.

<https://paragonart.com/shop/ols/products/brush-washer-2-well-porcelain-white-brs-wsh-2-wll>

Sumi Start Kit for classes. This is the basic set for beginners, but full of quality and necessary supplies. The set consists of:

3 good brushes, (Best Fine, Pure Jade and Good Luck Wolf Hair Brush)
One Ink Stone
One ink stick
One roll of professional Greenline Paper,
One set of tracing Rice Paper for learning paint "Four Gentlemen"
One 2 Well Brush Washer
One Steel Paper Weight

Regular Price \$68, now 50% off at \$34.

If you would like to try your hand at sumi-e before investing in brushes, bring your watercolor rounds in 6, 8, 10, 12 and a detail (00 or 1), as listed in the watercolorist alternatives. Hope this is helpful.

If you have experience with sumi-e, you probably have all the supplies needed. If you are new to the art of sumi-e but have watercolor experience, don't rush to buy all the specialty brushes and paper. Get a feel of sumi-e at the workshop and get the supplies if you decide to continue exploring sumi-e art. I am pretty relaxed on supplies.

PAPER –

- Rice Paper – Any unsized kind will work, including student grade ones. I use double Shuen, Ma or Pi in my demo.
- Newsprint, any size, for practicing strokes.
- **Watercolorist Alternatives** A pad of any kind of rice paper and a pad of newsprint for practice.

This one works for many beginners <https://www.plazaart.com/sumi-e-painting-and-calligraphy-paper-sketch-pad-12x18>

BRUSHES -

- Two large or medium Combination (at least one for petal, one for leaves, general usage)
- One small Soft (to smaller petals, new leaves, fins)
- One Fine (to paint petal vein, carpel and stamen, outline the koi)
- **Watercolorist Alternatives:** Watercolor brush rounds sizes 6, 8, 10, 12. A fine one for details (Round 00 or 1)

COLORS –

- Black sumi-e ink (I will have a bottle for the class to share.)
- Opaque white (gouache – nontransparent watercolor.) I use Dr. Martin's Bleed Proof White but other brands, such as W/N white gouache will work.
- I am liberal with colors, so just bring your usual palette. I use Holbein, Winsor Newton, and Daniel Smith. Have the basic hues of what we will paint, say Permanent Alizarin Crimson, Cadmium Yellow Light, Vermillion, Yellow Ocher, Indigo, Raw Umber, Sap Green. We will paint morning glory, so a nice purple, such as W/N Permanent Violet is great. We can also mix it with our blue and red. Have your favorite yellow/orange for the dots on the koi (I have Cadmium Yellow Deep and Quinacridone Coral.)

MORE SUPPLIES –

- Little dishes for ink and colors. (Bring a separate small dish for sumi-e ink. You don't want ink on your color palette.)
- Mixing plates (or just bring your watercolor palette.)
- Paper towel
- Water container
- A piece of wool or felt to protect the table. **Watercolorist Alternatives** – An old bath towel or baby blanket.
- Paper, pencil or charcoal sticks if you want to do some sketching for the koi.
- Hairdryer

Joan's instruction book, "Chinese Brush Painting: Flowers" will be available at \$22 each. She will sign her books during the workshop.